

**ADVISORY NO. 315**  
**###**

**TOPIC:      WORK HARDENING AND WORK CONDITIONING PROGRAMS  
EXEMPTED FROM PREAUTHORIZATION AND CONCURRENT  
REVIEW.**

We have attached a list of medical providers that are recognized by the TWCC as being exempt from preauthorization and concurrent review where work hardening and work conditioning programs are concerned. This list of providers may also be accessed at the TWCC's website using the following hyperlink:

<http://www.twcc.state.tx.us/Commission/divisions/carf-table.html>

By statute, the only programs that qualify to be approved by the Commission for exemption are work hardening and work conditioning, which may be described by the facility as either general occupational rehabilitation programs or comprehensive occupational rehabilitation programs, and are provided in a CARF accredited facility. Therefore, in Rule 134.600(h)(9), the Commission separated these two programs from other rehabilitation programs. All other rehabilitation programs will require preauthorization, regardless of CARF accreditation, as will all work hardening and work conditioning programs that are not provided in a facility accredited by CARF and approved for exemption by the Commission. Effective January 1, 2003, *all* work hardening or work conditioning programs, regardless of accreditation, are subject to preauthorization and concurrent review.

Since the providers listed below are exempt from preauthorization for work hardening and work conditioning, it is important for claims handlers to be familiar with this list of providers. This may assist claims handlers to better handle active files that may be subject to work hardening or work conditioning. We expect that additional providers will become accredited and apply for exemption. Further, currently accredited providers may or may not renew their accreditation. Therefore, frequent confirmation of the accreditation status of the provider is necessary.

Please note this list in your records, or forward it within your organization as may be required. If you have any questions regarding the rule cited above, preauthorization or work hardening or work conditioning in general, please do not hesitate to contact our General Question Attorney at your convenience.

FLAHIVE, OGDEN & LATSON

Advisory No. 315

April 21, 2015

## Work Hardening and Work Conditioning Programs Exempted from Preauthorization and concurrent Review

CARF FACILITY & LOCATION	TWCC STATUS	EFFECTIVE DATE OF EXEMPTION
Physician Management Services, Inc. Mockingbird Clinic and Rehabilitation 5815 Live Oak, Ste 104 Dallas, TX 75214 214-370-0404 214-370-9880 Fax	EXEMPT: Work Conditioning	01-01-02 thru 09-30-02
Physician Management Services, Inc. Magnolia Work Skills 1100 Bridgewood, Ste 108 Ft. Worth, TX 76112 817-457-9850 817-457-9865 Fax	EXEMPT: Work Conditioning	01-01-02 thru 09-30-02
Physician Management Services, Inc. Buena Vista Work Skills 301 South Frio Street, Ste 105 San Antonio, TX 78207 210-220-1200 210-220-1205 Fax	EXEMPT: Work Conditioning	01-01-02 thru 09-30-02
Work Ready Rehabilitation Center-North 500 Century Plaza Drive, Suite 165 Houston, TX 77073 281-443-1976 281-443-4853 Fax	EXEMPT: Work Hardening	01-01-02 thru 03- 31-02
Work Ready Rehabilitation Center-East 10920 I-10 East Houston, TX 77029 281-443-1976 281-443-4853 Fax	EXEMPT: Work Hardening	01-01-02 thru 03- 31-02

<p>Work Ready Rehabilitation Center-West 10000 Old Katy Road, Suite 285-A Houston, TX 77055 281-443-1976 281-443-4853 Fax</p>	<p>EXEMPT: Work Hardening</p>	<p>01-01-02 thru 03- 31-02</p>
<p>Work Ready Rehabilitation Center-Southwest 9000 Southwest Freeway Houston, TX 77034 218-443-1976 281-443-4853 Fax</p>	<p>EXEMPT: Work Hardening</p>	<p>01-01-02 thru 03- 31-02</p>
<p>Work Ready Rehabilitation Center-Southeast 10737 Gulf Freeway Houston, TX 77034 281-443-1976 281-443-4853</p>	<p>EXEMPT: Work Hardening</p>	<p>01-01-02 thru 03- 31-02</p>
<p>Performance Healthcare of Arlington 3612 Matlock, Suite 104 Arlington, TX 76015 817-419-3500 817-419-3567 Fax</p>	<p>EXEMPT: Work Hardening</p>	<p>01-01-02 thru 12-31-02</p>
<p>Therapy Experts, Inc. Harrisburg Rehabilitation Center 7508 Harrisburg Houston, TX 77012 713-953-7061 713-785-8080 Fax</p>	<p>EXEMPT: Work Hardening</p>	<p>01-01-02 thru 01-31-02</p>
<p>WorkPerfect Houston, Inc. 7447 Harwin Drive, Suite 180 Houston, TX 77036 713-785-6663 713-785-8080 Fax</p>	<p>EXEMPT: Work Hardening</p>	<p>01-01-02 thru 12-31-02</p>
<p>Rehab 2112 718 North Buckner Blvd Suite 138 Dallas, TX 75218 214-367-8807 214-367-8864 Fax</p>	<p>EXEMPT: Work Hardening</p>	<p>01-01-02 thru 12-31-02</p>

Rehab 2112 920 West Pioneer Parkway Arlington, TX 76013 214-367-8807 214-367-8864 Fax	EXEMPT: Work Hardening	01-01-02 thru 12-31-02
Rehab 2112 815 East Rector Suite 105 San Antonio, TX 78216 214-367-8807 214-367-8864 Fax	EXEMPT: Work Hardening	01-01-02 thru 12-31-02
Workers' Healthcare Heights Therapy & Rehabilitation Center 1957 West T.C. Jester Houston, TX 77008 713-868-3223 713-868-4775 Fax	EXEMPT: Work Hardening	01-01-02 thru 12-31-02
Southwest Physical Therapy & Rehabilitation 7333 Barlite, Suite 250 San Antonio, TX 78224 210-924-3040 210-924-4709 Fax	EXEMPT: Work Conditioning Work Hardening	01-01-02 thru 12-31-02
Odessa Injury Rehabilitation 2525 N. Grandview, Suite 200 Odessa, TX 79761 915-363-7246 915-368-5369 Fax	EXEMPT: Work Conditioning Work Hardening	01-01-02 thru 09-30-02
Lake Arlington Center for Pain Management 6702 West Poly Webb Road Arlington, TX 76016 817-478-0095 817-478-7628 Fax	EXEMPT: Work Hardening	01-01-02 thru 12-31-02
Momentum Rehabilitation, LLC 4280 Lockefield Houston, TX 77092 713-682-6601 713-682-6885 Fax	EXEMPT: Work Hardening	01-01-02 thru 05-31-02
The Centre of Rehabilitation Excellence	EXEMPT: Work Conditioning Work Hardening	01-01-02 thru

3206 North Fourth Street Longview, TX 75605 903-753-6635 903-753-1114 Fax		12-31-02
Dallas Spinal Rehabilitation Center, Inc. 6161 Harry Hinds Blvd., Suite 105 Dallas, TX 75235 214-905-9555 214-905-9556 Fax	EXEMPT: Work Hardening	01-01-02 thru 12-31-02