

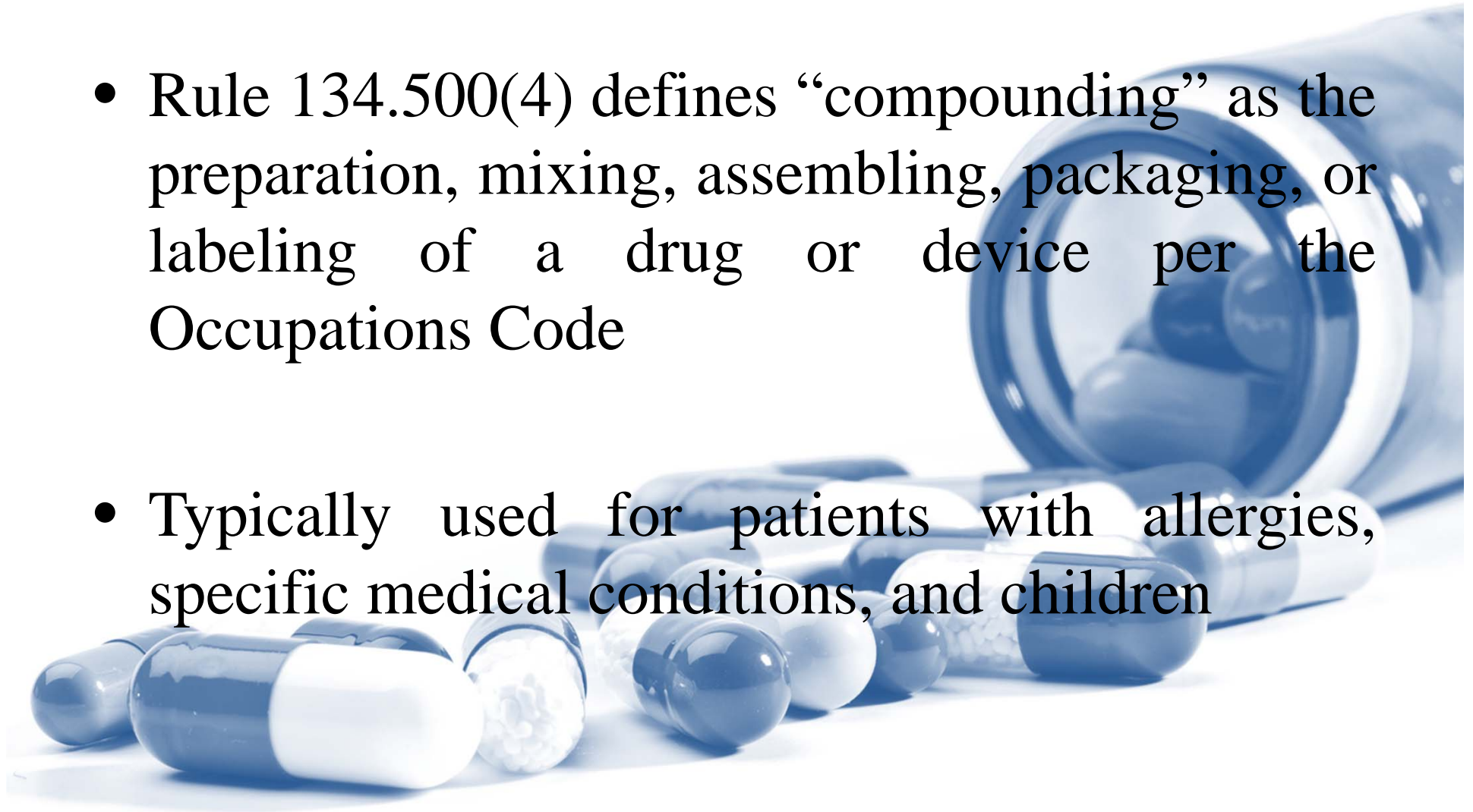
Compound Drugs Compound Drama

Speaker:
Jessica MacCarty



What Are Compound Drugs?

- Rule 134.500(4) defines “compounding” as the preparation, mixing, assembling, packaging, or labeling of a drug or device per the Occupations Code
- Typically used for patients with allergies, specific medical conditions, and children



In Workers' Compensation...

- The primary issue is “topicals” – creams, gels, or ointments that are applied to the skin.



It rubs the lotion on its skin or else it gets the hose again.

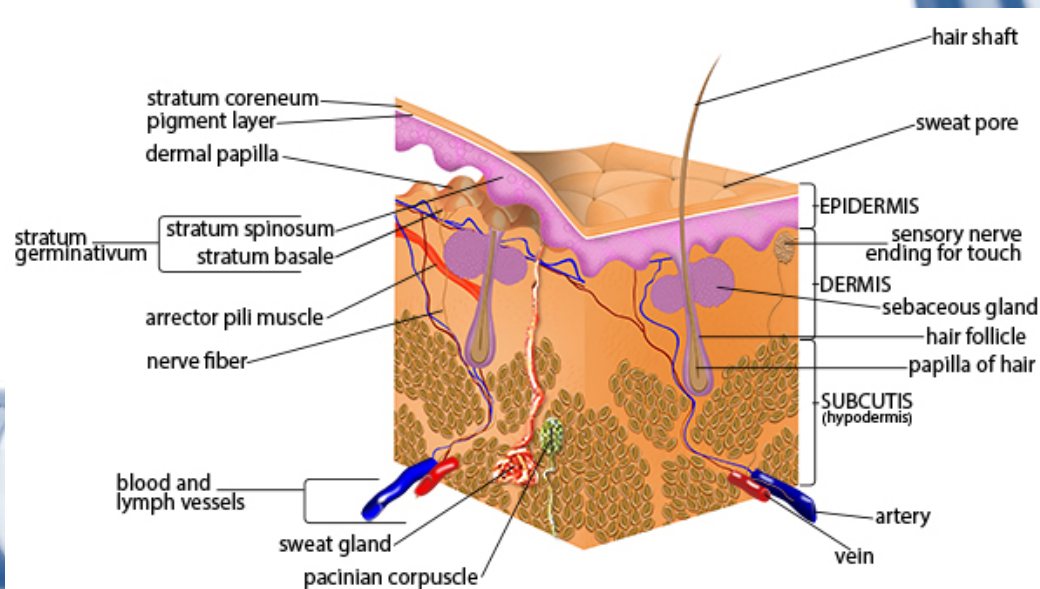
Problems: Expensive!

- Can cost thousands of dollars, up to \$14k
- Not supposed to be manufactured in bulk
- Multiple ingredients



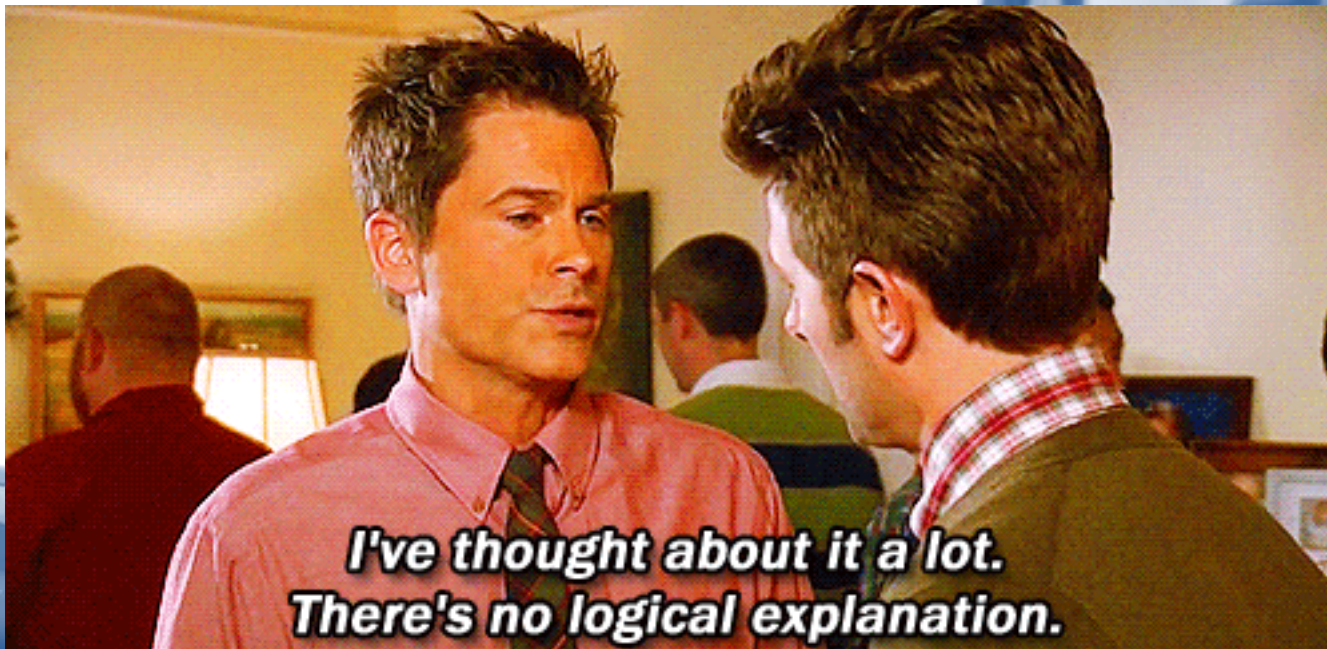
Problems: Not Proven Effective

- Very little testing or oversight
- Not FDA approved
- Efficacy of drugs through dermal absorption has not been proven



Problems: Not Medically Necessary

- FDA approved drugs in pill form are typically available with no reason for the potentially ineffective topical cream



Problems: Duplicative & Risky



- Many compounds contain multiple drugs of the same variety with increased potency
- Compounds have led to deaths and illnesses in some cases
- The potential for large profits has lead to scams and kickback schemes

Why It's An Issue Now: Mass Marketing

Compound Script

Fax: _____

PLEASE INCLUDE PATIENT DEMO SHEET AND FRONT/BACK OF PATIENT INSURANCE CARD WITH THIS SCRIPT

Patient Full Name _____ DOB _____ / _____ / _____

Address: _____ Best Contact Phone (____ -) _____

City: _____ State: _____ Zip: _____ Allergies: _____

Workers Compensation? Y _____ N _____ HMO / PPO? Y _____ N _____ Diagnosis Code: _____

INFLAMMATION

2 high potency NSAIDS

1. Musculoskeletal/Myofascial Pain-Tendonitis-Plantar Fasciitis-Arthritis-Epicondylitis
Flurbiprofen 10%, Diclofenac 10%, Gabapentin 10%, Lidocaine 5%
2. Tendinosis-Strictures-Scarring
Flurbiprofen 10%, Baclofen 2%, Verapamil 10%

NEUROPATHIC

2 muscle relaxants

3. General Neuropathy
Ketamine 10%, Baclofen 2%, Cyclobenzaprine 2%, Flurbiprofen 10%, Gabapentin 6%, Lidocaine 2%
4. RSD/CRPS-Trigeminal Neuralgia-Phantom Limb Pain-Developing Neuropathy
Ketamine 10%, Clonidine 0.2%, Gabapentin 6%, Imipramine 3%, Mefenamic Acid 3%, Lidocaine 2%
5. Chemotherapy Induced Peripheral Neuropathy-Diabetic Peripheral Neuropathy
Ketamine 10%, Baclofen 2%, Gabapentin 6%, Imipramine 3%, Meprobamate(?) 2%, Lidocaine 2%

COMBINATION

2 or 3 muscle relaxants

6. Musculoskeletal Pain-Inflammation
Ketamine 10%, Gabapentin 6%, Baclofen 2%, Cyclobenzaprine 2%, Lidocaine 2%, Flurbiprofen 10%
7. Radiculopathy-Fibromyalgia
Ketamine 10%, Baclofen 2%, Cyclobenzaprine 2%, Diclofenac 3%, Gabapentin 6%, Lidocaine 2%
8. Myofascial Pain Syndromes - TMJ
Flurbiprofen 10%, Baclofen 2%, Cyclobenzaprine 2%, Gabapentin 6%, Orphenadrine 5%, Tetracaine 2%
9. Myofascial Pain-Post Laminectomy-Greater Neuropathic Components
Ketamine 10%, Baclofen 2%, Cyclobenzaprine 2%, Flurbiprofen 10%, Gabapentin 6%, Lidocaine 2%

Claims of efficacy

FOR OFFICE USE RXS

*Indicate cream(s) by checking box(es)

Quantity:

_____ 30 GM _____ 60 GM

_____ 90 GM _____ 120 GM

_____ 240 GM

Number or Units: _____

*Please remember prescriber information below with signature.

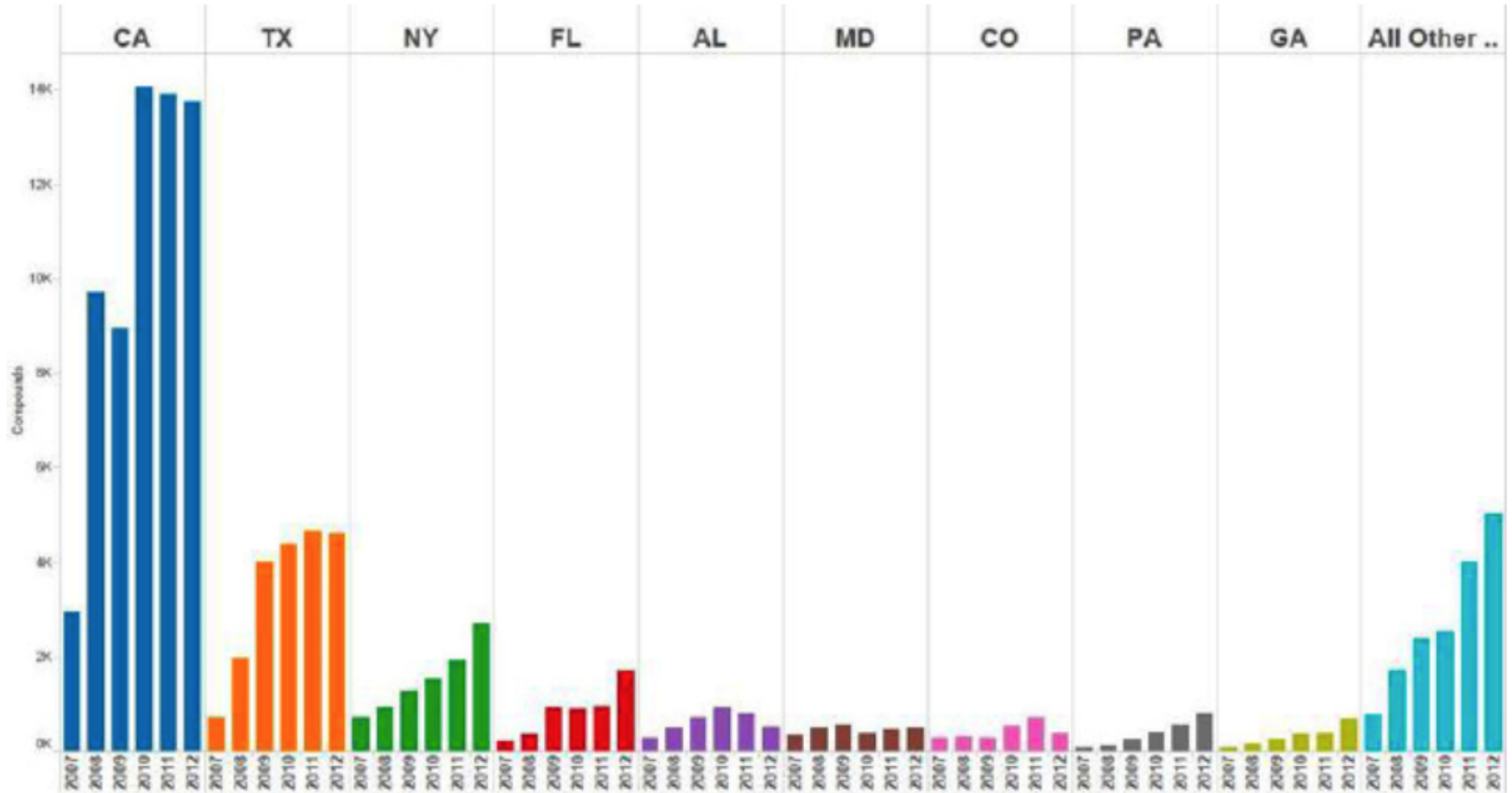
Quantity: 180 GM _____ 240 GM _____ OTHER: _____

SIG: Apply 1-2 GRAMS to affected area 3-4 times daily ALT SIG: _____

REFILLS: 1 2 3 OTHER: _____

Why It's An Issue Now: Increases

Proliferation of Compounding Prescriptions Since 2007

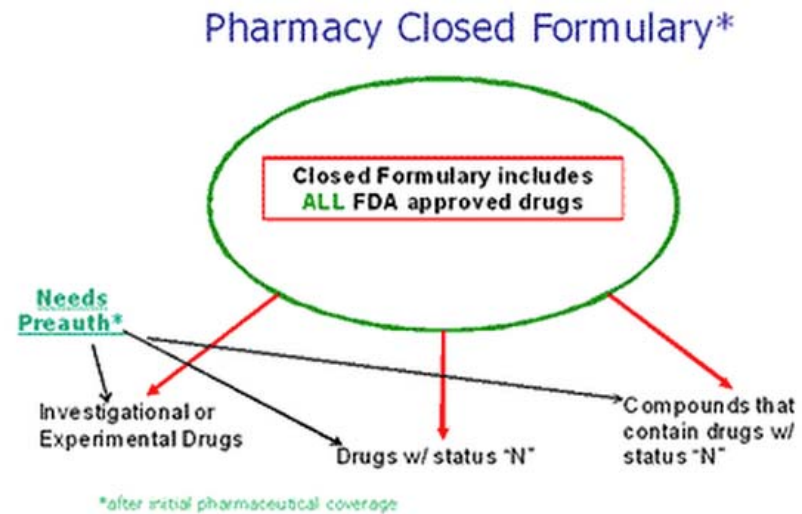


Potential Solutions: Pre Authorization

- Required for :

(1) Any compound that contains an “N” drug

(2) Investigational or experimental drugs

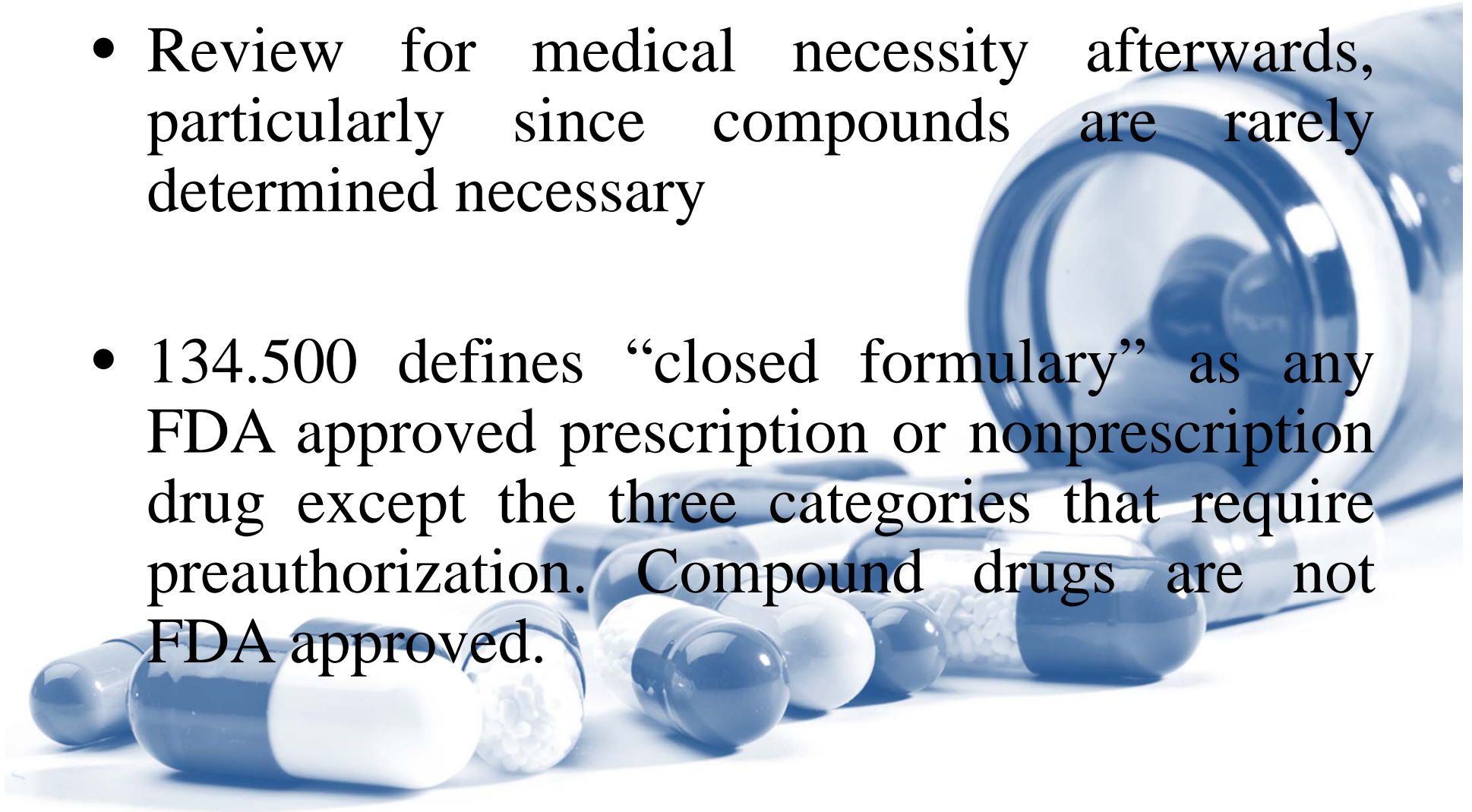


Accessed March 2015. <http://www.tdi.texas.gov/wc/pharmacy/>

- Rule 134.530

Potential Solutions: Retrospective Review & Non Closed Formulary

- Review for medical necessity afterwards, particularly since compounds are rarely determined necessary
- 134.500 defines “closed formulary” as any FDA approved prescription or nonprescription drug except the three categories that require preauthorization. Compound drugs are not FDA approved.



Helpful Resources

- <http://www.comppharma.com/CompoundDrugResearch.pdf>
- <http://www.tdi.texas.gov/wc/pharmacy/>





THANK YOU!

